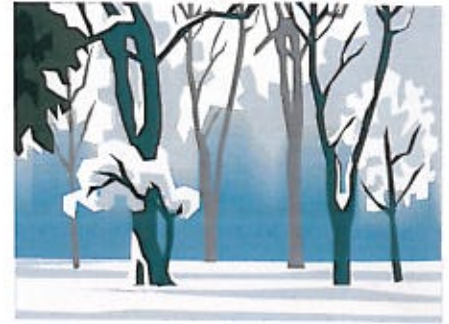




Orana School Bulletin

ISSUE 11, 13TH AUGUST 2009



Forthcoming Events

August

- Thur 13th Moderation Day (pupil free day) Classes 8-12.
Wed 19th High School Sports Day, 11:20-3:15pm
Thur 20th Sophia Group Meeting, 7pm, Tara's Room. All welcome.
Sat 22nd School Birthday Dinner, 7pm, Senior Resource Centre
Tues 25th CI 1PC Parent Teacher evening, 7:30pm -9pm in classroom
Wed 26th Japan Trip Meeting, 7:30pm, Senior Resource Centre
Mon 31st CI9 Earth Week, until 4th Sept
CI10 Work Experience, until 4th Sept

College News

"In 1906 Rudolf Steiner introduced the nature of the human beings sensory organisation in a new light. He outlined twelve senses in a few of his lectures". Cheryl Sanders "The Deeper Significance of Games".

The Primary and Kindergarten faculties are looking again at these senses in a study led by Ellen-Jane Schildt. In looking at how the children of today move, two of these senses 'movement' and 'balance' need special attention in the early years at school.

Since the onset of a more sedentary lifestyle in the last 40 years, a new dimension has arisen with regard to children's play. For some children spontaneous play has become very difficult. Nowadays both adults and children sit for longer periods of time in cars, buses, and other means of transport. They sit in front of TV, computers and desks at school or work.

Many children have become less aware of their own body movements and the personal space they occupy. For this reason special attention must be paid to the re-teaching and learning of movement and balance at school.

The young child needs to be able to hop, skip, run and jump to

experience their own sense of being in the world around them and to feel their own body organisation. Early childhood games in our classrooms aim to incorporate both a sense of movement for the children's motor organisation, and help develop a relationship to others around them. Classroom games and outdoor games play a big part in helping to meet the needs of children at Orana.

The most natural way to develop these senses is to play games that use these skills, of running, jumping etc. As far as possible rules of games are kept to a minimum so that the movement of the whole body can be the focus of play. For this reason less structured games are best. Many games that children play help them to make sense of their own world. Negotiation of rules will help teach the value of compromise or 'fitting in' with the needs of others. All these skills develop a more socially aware child. It is important to note that an unbalanced sense of 'movement' and 'balance' may result in the two extremes of movement - hyperactivity, or inertia.

Games are often developed through a story, so that the play has more meaning, eg. "The Queen was very sad that her jewels had been stolen by the dragon, she sent her knights and ladies in waiting to find the dragon's lair and retrieve her jewels." A game of chasing, catching, dodging and weaving will result. Some knights may be frozen until one jewel is returned etc. The game results in a use of imagination and lots of movement. The younger the child, the more need for a pictorial introduction to the game.

Dancing also improves an awareness of rhythm and social graces. Songs that accompany dance help the movement to flow. 'Circle time' in the morning is a great time to introduce these skills. Being 'awake' to the importance of 'movement' and 'balance' in our children around us helps them to grow up to be able to confidently find their place in the world.

Marianne Ackland
for the College of Teachers

School News

Posters and Notice Boards

We have a very busy community at Orana with many groups conducting activities that they wish to advertise. Some groups conduct their activities in the School others outside the School. In order to avoid overcrowding our walls and windows with posters, we are asking you to follow this process.

- If your advertising material is of general interest, you can place it on

the Community Notice Boards on the Hill Campus (opposite the School Office) and in the Amphitheatre without further ado.

- If you would like to place advertising in other areas you will need to come to the School Office and we will stamp your posters for you and indicate the areas where they can be placed. No sticky tape is to be used to display posters, blu tack is fine.
- The blackboards on the same structure as the School maps can be used by the Orana Community Groups to advertise their events. No posters are to be displayed on these boards - they are to be used as chalkboards only.

Posters that are found around the School without the Orana stamp will be taken down.

The groups that will be given the "stamp of approval" will be the Sophia Group, P&F and the Anthroposophical Society. Generally we will allow 7 posters per event.

All other groups can use the Community Notice Boards.

Events related to Orana community groups can be advertised in the Bulletin. The Bulletin is available on the website for the parents who have missed out on their hard copy.

The Sophia Group is also using chalk boards to inform parents.

Lately we have been making use of the school sign structure by the side of Unwin Place to display yellow signs reminding you of School events.

Thank you for your support in this matter, please don't hesitate to call me if you have any queries.

Marie-Anne Gigon
Resources Administrator

Children not to be Photographed

A gentle reminder to parents to please return their slips if they do not wish their child's photo to appear in any school advertising and promotional material. If we do not receive slips by **Tuesday 18th August**, we will assume that permission has been granted.

The Admin Team

Orana Birthday Dinner

The Orana Birthday Dinner is an evening for parents from the School community to come together and reflect on our humble beginnings (in a small hall in Yarralumla) and celebrate our achievements over the past 28 years.

The Birthday Dinner will be held on Saturday 22nd August in the Senior Resource Centre at 7.00pm. It will be a great opportunity to meet and catch up with other parents and teachers. If you're new to Orana come along and make some new friends!

Tickets are \$30pp and can be purchased from the Orana P&F Shop or the School Office. Group seating requests can be accommodated. If you would like to purchase tickets but are unable to come to School then please contact Carrie Walters on 0417 067 009 or 6288 7975 to arrange payment via bank account deposit. **TICKETS ARE SELLING FAST SO GET IN EARLY TO SECURE YOUR SEAT.**

Guests are asked to bring a dessert to share and BYO drinks. A Bollywood-theme costume is optional, otherwise feel free to dress as brightly and colourfully as you wish.

Please come and join us. We look forward to your company.

Birthday Dinner Organising Committee

Spring Writer's Festival

Be part of our **Spring Writer's Festival**. There will be four categories; Year 8/9, years 10/11/12, teachers/admin staff and the last group is parents/ex-students.

You are to write a poem or short story (limit 2000 words). The theme could relate to 'Regeneration - Rejuvenation', or enter into the 'Open Section'. There will be prizes in each section. Entries can be neatly written or emailed to quillspill@oranaschool.com by 18th September 2009. Entries will be judged anonymously. I look forward to hearing from you.

Belinda Ahearn



Community Hours Opportunity

Community Hours are available for a task that could be completed during the week in small blocks of time - would suit a few friends working together.

Pavers (2.2kg each) are to be transferred onto different pallets in the Shed Compound. For safety reasons this is a child free area - only suitable for the adults who are working. For more information or to register phone Greg Sawa at Orana on 0400 494 245, leave a message for him at the School Office or info@oranaschool.com.

After School Care News

Orana After School Care would like to announce a highly successful re-Accreditation outcome. The National Childcare Accreditation Council (NCAC) has awarded our service a High Quality rating in each area of practise.

Such a result ensures funding support for the next 2 years and acknowledges the efforts of all involved including the children, families and staff of Orana School.

Thank you all for your support.

Jennifer Simmich
ASC Director

Morning School Bus Time Change

From Monday 17th August 2009, the morning **School Bus 559 will commence 10 minutes earlier.**

So please take note, and get your skates on a little earlier as of Monday next week!

The Admin Team

Spring Fair News

Thinking of Spring cleaning and freeing up space in your or your children's wardrobe or bookshelf, or love to cook or garden and want to donate items towards Orana's Spring Fair, then you need to read the following:-

Books, Pre-loved Clothes, Handbags and Jewellery - To donate good quality pre-loved books, pre-loved clothes, handbags and jewellery please leave the items in the large plastic container placed under the

notice board near the library (opposite the School Office) on the Hill Campus between now and the Spring Fair. The Class 4 Spring Fair conveners will be collecting the donated books daily.

Please do not donate fashion, teen or celebrity magazines or bric-a-brac.

Please note that all donated clothes need to be washed prior to being dropped off and that shoes will only be accepted if they are good quality and in good condition.

Fresh Produce - For all those parents who love to make jam, pickles, Christmas cakes or other yummy goodies, we would appreciate it immensely if you are able to donate these products to the Spring Fair as well.

Other produce that would be appreciated are fresh fruit and vegetables, honey, herbs or flowers.

Fresh or baked produce can be left at the Book Stall on Sunday, 8 November 2009 or left at the Produce Stall on the day of the Fair.

For further information or queries regarding the Book, Pre-loved Clothes or Produce Stalls, please talk to the Class 10 Coordinators or the Class 4 Spring Fair conveners.

Liz Boyle	Books and Produce Stalls
Kate Burns	Books and Produce Stalls
Michele Hayne	Pre-loved Clothes and Produce Stalls
Nicole Heinzmann	Pre-loved Clothes and Produce Stalls

Spring Fair Committee



A reminder that the School Office is closed every Wednesday from 12 noon to 1pm due to a weekly administrative meeting.

Orana Parents & Friends Association (P & F)

P & F Meeting – 5 August

We welcomed Marianne Ackland as the new College representative on the P & F Committee. The regular reports were discussed as well as updates on the Birthday Dinner and Spring Fair. The Community Markets will remain in the location used this year outside the Class 9 and 10 rooms on the lower campus opposite the Resource Centre. At this point in time this is the best site for the markets as it provides easy access, shelter and power.

The committee is working on event dates for the 2010 calendar and the production of the new Orana calendar that will be for sale at the Spring Fair on Sunday 8 November.

Shopping Bags

Beautiful heavy duty green shopping bags with the Orana logo are now available for purchase at the Orana P & F Shop. Please support the P & F's fundraising activities by buying plenty of them for yourselves and your friends too!

Craft 'n' Cafe

Craft 'n' Cafe runs on most Fridays during term between 9am and 11.45am in the Gumnut Room. This term the Craft Group are making a variety of dolls and small items to sell on the children's table at the Spring Fair. If you have started something earlier in the year then you can come in any Friday and finish it off. No previous experience is necessary. Children are very welcome – there is a lovely outdoor space for them to play. Grandparents and carers are welcome too. Come along and meet some other parents and enjoy creating something beautiful.

Birthday Dinner – Saturday 22 August

Time is running out to purchase your tickets for this special social event for Orana parents. Tickets are \$30 each and can be paid for at the School Office or the Orana P & F Shop which is open after school every weekday.

Next P & F Meeting – Wednesday 2 September

All parents and staff at the school are welcome to attend the committee meetings. We start at 7.30pm and aim to finish by 9.30pm. If you have any ideas or suggestions for us to discuss please contact me on the details listed over the page.

Community Markets – Friday 25 September

The next market for the term will be held on the last day of term and it will be run by the Class 7 parents.

Gina Howlett

President

Hm 6287 5149 or callett@homemail.com.au

Finance Team News

Term 3, 2009 School Fee and Playgroup Accounts, and Term 2, 2009 After School Care Accounts

Due to the recent upgrade of the school's server as well as the upgrade to our Administration and Finance database (MAZE), the scheduled billing for **Term 3, 2009 School Fee and Playgroup accounts** has been slightly delayed. These accounts will be mailed out to families by the beginning of Week 6 and will be due for payment by the end of Week 8 (Friday 11 September 2009).

After School Care accounts for Term 2, 2009 have already been mailed out to families with the due date for payment being **Monday 17th August 2009.**

Please ensure that accounts are paid in full by the due dates as Late Fees will apply immediately to all overdue accounts. If you are having difficulty paying your account please contact Jane Healey, Finance Manager on 6287 8306 or at Jane.Healey@oranaschool.com **prior to the due date.**

Please remember that Donations to the Orana Building Fund are very much needed, welcome and Tax Deductible.

Many thanks and best wishes to all families for Term 3.

From The Finance Team

Working Bee

Due to popular demand we will be hosting another Working Bee on 5th September 2009. At this stage we are also looking for a catering crew and a First Aid Officer. Please email workingbee@oranaschool.com if you can help out with these tasks and can attend the Working Bee.

Dennis Rose

Notices

(Please note Orana School provides space for the following notices but does not endorse or guarantee these goods and services. Orana School reserves the right to reject or edit any material without notice)

The Christian Community

Religious Lessons are happening for children in classes 3 - 5, and Confirmation preparation for students in classes 6 & 7. These classes are in small groups. We go on outings to sacred spaces and places in Canberra, there's story telling, festival background, singing, learning generic prayers, readings from sacred texts, introduction to Christian ritual, sometimes simple play and always a delicious afternoon-tea as we meet fortnightly after school on Fridays at Cheryl's home in Griffith. If you are interested in your children joining us for education in this important subject, and for more information, phone Cheryl Nekvapil.

Buteyko Breathing Method Course - To be conducted by Jocelyn and John Wilson, qualified practitioners from Melbourne, in Canberra on Mon 7th Sept, Tues 8th Sept & Fri 11th Sept at the Chapel of The Christian Community. More information can be found at www.remedialbreathing.com. Cost: \$120. Contact Sarah Stringer at: jwshstringer@homemail.com.au or on her mobile 0422 949 590 to register or discuss.

For more information phone Cheryl Nekvapil on 6295 3752, or Clare Goodman on 6288 9974. The Chapel is in the Old Girl Guide's Hall, corner of Phillip Avenue and Madigan St. Hackett.

Activities for Anthroposophical Society

A PRESENTATION ABOUT ANTHROPOSOPHIC ART THERAPY

A Therapeutic Journey for Children and Adults using Rhythmic Movement, Colour, Form and Line with Catherine Sawkins.

Find out about how Anthroposophic Art therapy can help children and adults using a variety of painting, drawing and modelling techniques and processes.

Catherine Sawkins has been a class teacher in Rudolf Steiner Schools in Adelaide, Christchurch and Canberra. She has a BA, Diploma Ed, Cert in Steiner Ed, a 4 year Diploma in Anthroposophic Art Therapy and is an Extra Lesson Practitioner. She has worked in schools and private practice as an Extra Lesson Practitioner and Art Therapist working one to one and/or in groups with both children and adults, including lecturing or running workshops. Date: Wednesday 19th August 7.30pm. Venue: Senior Resource Centre. Cost: \$10, \$7 concessions

The Phenomenon of Colour Appearance in Nature, Human Soul Responses and the Creativity of Artists with Karl Kaltenbach

Dr Karl Kaltenbach OAM is an artist and writes and lectures extensively worldwide on spiritual philosophy, research, meditation and education. He was the founder of Warrah Homes, Farm and School for those with intellectual disabilities. Karl has published essays on social and educational philosophy. He was also the General Secretary of the Anthroposophical Society for 20 years and the chair of the Faculty of the School of Spiritual Science in Australia.

Date: Wednesday 2nd September. Venue: Senior Resource Centre. Cost: \$10, \$7 concessions. Enquiries: Marilyn Lewis 6288 1495